

SELF-REFLECTION:

Identifying Your Current Mindset

Reflection is the first step in understanding where you currently stand.

Here are a series of questions aimed at helping you identify your mindset and strengths:

1

How does your job fulfill your personal and professional passions?

2

How do you manage the aspects of your job that you don't enjoy?

3

How do you cope? What are your strategies?

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4

How can you use practices that can save time?

5

How can you use practices that get you through the day?

6

How can you tap into your hopes and goals for leadership when they are they getting bogged down by some of 'tasks' of the job?

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7

How would you explain your “WHY”?

Other Reflections